



# Diabetes care: education and management skills

*A new interprofessional diabetes module focussing on education and management skills in diabetes care*

## Topics to be explored

The aim of this module is to equip health professionals with the knowledge, skills and learning strategies to enable effective delivery of education programmes for people with diabetes and other health care professionals.

This module is divided into three components:

### Component 1

Education for self-management: guidelines, standards and the evidence.

Structured education for groups and individuals.

Formats for structured group education.

### Component 2

Principles and theories of adult learning.

Learning and behaviour change.

Teaching and learning strategies.

### Component 3

Empowerment and developing specialist skills.

The language of diabetes consultations.

Leading successfully.

Sourcing local information and planning learning strategies.

The core learning outcomes for this module are that students develop:

- A thorough and critical understanding of therapeutic education in chronic disease management.
- The ability to critically analyse the influence of psychological factors upon learning and behavioural change.
- An understanding of empowerment and the implementation of Standard 3 of the National Service Framework (Dept of Health 2002).
- The ability facilitate effective learning for people with diabetes and develop their skills to manage their diabetes taking into account the differing needs of patient groups.
- The ability to use and justify the use of a range of teaching and learning strategies designed to enable the integration of theory and practice.
- The skills necessary to review and apply the concepts of individual and group education strategies in application in practice.

The module will run over one term (approximately 12 weeks duration) with three college based study days and the remainder being delivered through computer based distance learning. The module will provide 15 credits at level 6. The module also forms part of the MSc and BSc pathways in diabetes care offered by King's College London. The module costs £800.00.

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## Contact details

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